

# 2019 Novel Coronavirus (COVID-19)

This illness can be mild. However, in some cases it is severe enough to require hospitalization. If you have been to mainland China within 14 days and are experiencing these symptoms, seek medical care immediately and tell your healthcare provider about your symptoms and travel.



## Who is at risk?

- Recent travelers from mainland China. This does not include Taiwan, Macau, or Hong Kong.
- Individuals with close contact to a person with COVID-19.
- Current risk to the general public is low.



## How is it spread?

- Through the air after coughing or sneezing.
- Close personal contact with an infected person.
- Touching an object that has the virus on it, then touching your mouth, nose, or eyes.



## What are the symptoms?

- Fever
- Cough
- Shortness of breath

Symptoms may appear in as few as 2 days or as long as 14 days after exposure.

## To prevent illness:

- Wash your hands often.
- Avoid contact with people who are sick.
- Avoid touching your mouth, nose, or eyes.



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